

Letting Go

To “let go” does not mean to stop caring; it
Means I can’t do it for someone else.

To “let go” is not to cut myself off; it’s the
Realization I can’t control another.

To “let go” is not enable, but to allow
Learning from natural consequences.

To “let go” is to admit powerlessness, which
Means the outcome is not in my hands.

To “let go” is not to try to change or blame
Another, it’s to make the most of myself.

To “let go” is not to care for, but to care about.

To “let go” is not to fix, but to be supportive.

To “let go” is not to judge, but to allow another
To be a human being.

To “let go” is not to be in the middle, arranging
All the outcomes, but to allow others to affect
Their own destinies.

To “let go” is not to be protective, it’s to permit
Another to face reality.

To “let go” is not to deny, but to accept.

To “let go” is not to nag, scold, or argue, but
Instead to search out my own shortcomings
And correct them.

To “let go” is not to adjust everything to my
Desires, but to take each day as it comes and
Cherish myself in it.

To “let go” is not the regret the past, but to
Grow and live for the future.

To “let go” is to fear less and love more.

-Author Unknown